

LUMS/HS & GMTCC JUNE 2017 LUNCH MENU

Lunch Price
Paid \$3.00
Adult \$3.75

Breakfast Price
Paid \$1.75
Adult \$2.50

Each Meal Includes Choice Of Entrée
Main Entrée
Vegetarian Entrée
Sandwich Entrée

Each Entrée Comes With
Hot Vegetable
Veggie Bar
Starch or Roll
If Available &
Canned or Fresh Fruit
Milk
Milk Choices
FF White
1% White
FF Chocolate



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1st Pepperoni Pizza or Cheese Pizza Green Beans Caesar Salad Chicken Noodle Soup	2nd Beef Stroganoff w/ garlic breadstick or Vegetable Stromboli Roasted Cauliflower Chef's Choice
5th BBQ Pulled Pork Sandwich or Quesadilla Pizza Fries Cole Slaw Beefy Mac Soup	6th Spaghetti w/ Meat Sauce or Alfredo Garlic Bread Caesar Salad Mixed Vegetables Duchess Soup	7th Hot Dogs or Cheese Breadsticks w/ sauce Sweet Potato Fries Carrots Cream of Broccoli Soup	8th Ham & Turkey Stromboli or Cheese Stromboli Strawberry Spinach Salad Broccoli Homemade Tomato Soup	9th Meatball Sub or Cheese Omelet w/ pancakes Strawberry Spinach Salad Chef's Choice
12th Soft Shell Tacos or Nachos Grande w/wheat rice Southwestern Corn Vegetable Soup	13th Golden Chicken Breast or Fish Sandwich Seasoned Fries Beets Navy Bean Soup	14th Italian Sausage w/ O & P or Cheese Quesadilla French Fries Glazed Carrots Tex Mex Soup	15th Hamburger, Cheeseburger, or Veggie Burger Potato Wedges Mixed Veggies M.L. BAR B QUE	16th Chicken Tenders or Fish Sticks Potato Rounds Peas Chef's Choice

Offered Daily

Pre Made Sandwiched, Wraps & Subs - Ham, Turkey, Roast Beef & Tuna with Am Cheese or Provolone & Lettuce, Onion, Tomato & Pickles.
Served on Assorted Wrap, Breads or Whole Wheat Roll.

Self Serve Salad Bar - Mix of Greens, Tomato, Carrots, Cucumber, Onions, Broccoli, Cauliflower, Sprouts, Garbanzo Beans,