

LUMS/HS & GMTCC APRIL 2017 LUNCH MENU

Lunch Price
Paid \$3.00
Adult \$3.75

Breakfast Price
Paid \$1.75
Adult \$2.50

Each Meal
Includes Choice
Of Entrée
Main Entrée
Vegetarian Entrée
Sandwich Entrée

Each Entrée
Comes With
Hot Vegetable
Veggie Bar
Starch or Roll
If Available
&
Canned or Fresh Fruit
Milk

Milk Choices
1% White Milk
Skim Milk
FF Chocolate Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3rd Sticky Chicken or Grilled Cheese Sandwich w/ W W Rice Sesame Rstd Grn Beans Cream of Tomato	4th Goulash w/garlic breadstick or Vegetable Stromboli Mexican Salad Fried Cabbage Fish Chowder	5th BBQ Pulled Pork Sub or Veggie Alfredo Casserole w/roll Cole Slaw Broccoli w/Cheese Navy Bean Soup	6th Mini Meatloaf w/ Scalloped Potatoes or Cheesy Veggie Quiche Roasted Brussel Sprouts Aunt Mary's Soup	7th Italian Sausage w/ O or Cheese Quesadilla French Fries Glazed Carrots Chef's Choice Soup
10th Golden Chicken Breast or Fish Sandwich Seasoned Fries Green Beans Butternut Pear Soup	11th Meatlovers Pizza or Greek Flatbread Pizza Caesar Salad Peas Schaffer's Soup	12th Spaghetti with Marinara Sauce and Meatballs Garlic Breadsticks Spinach & Strawberry Salad Roasted Cauliflower French onion Soup	13th Soft Shell Tacos or Nachos Garnde w/Wheat Rice Southwestern Corn Cajun Chicken Soup	14th Hamburger, Cheeseburger, or Veggie Burger Potato Wedges Carrots Chef's Choice Soup
17th NO SCHOOL SPRING RECESS	18th NO SCHOOL SPRING RECESS	19th NO SCHOOL SPRING RECESS	20th NO SCHOOL SPRING RECESS	21st NO SCHOOL SPRING RECESS
24TH Hamburger, Cheeseburger, or Veggie Burger Potato Wedges Beets Chicken Noodle Soup	25th Meatball Sub or Cheese Omelet Potato rounds Swiss Chard Tex Mex Soup	26th French Toast Sticks w/ eggs or Sausage Blueberry Compote Homefries Strawberry Soup French onion Soup	27th Sloppy Farmer Joe or Cheese Omelet Sweet Potato Rounds Mediterranean Lentil Salad Roasted Broccoli Herbed Meatball Soup	28th Chicken Pot Pie or Cheese Quesadilla Roasted Squash Split Pea + Ham Soup

Offered Daily

Pre Made Sandwiched, Wraps & Subs - Ham, Turkey, Roast Beef & Tuna with Am Cheese or Provolone & Lettuce, Onion, Tomato & Pickles.
Served on Assorted Wrap, Breads or Whole Wheat Roll.

Self Serve Salad Bar - Mix of Greens, Tomato, Carrots, Cucumber, Onions, Broccoli, Cauliflower, Sprouts, Garbanzo Beans,

